

GOING ABROAD ON HOLIDAY OR BUSINESS



Advice for Travellers

Our Practice Nurses are trained to provide up to date travel advice for patients of MyHealth.

If you think you need immunisation or malaria prevention please complete and send to us the attached **TRAVEL QUESTIONNAIRE at least 8 weeks before you travel**. For last minute travel we will do our best to provide the protection you need, but this will depend on vaccinations required and availability of appointments.

You should contact the surgery 4 working days afterwards to obtain information and an appointment if required.

We will then:

- Plan a vaccination programme
- Advise on any anti malarial tablets needed
- Advise you of any charges to be made

You will need to pay for any vaccine not provided by the NHS. Malaria tablets and any other travel medicines required are supplied on a private prescription. Full details of charges are also attached.

The NHS leaflet 'Health Advice for Travellers' is available from Post Offices or from all our surgeries on request.