

GOING ABROAD ON HOLIDAY OR BUSINESS



Advice for Travellers

Our Practice Nurses are trained to provide up to date travel advice for patients of MyHealth.

If you think you need immunisation or malaria prevention please complete and send to us the attached **TRAVEL QUESTIONNAIRE at least 8 weeks before you travel.**

For last minute travel we will do our best to provide the protection you need, but this will depend on vaccinations required and availability of appointments.

You should contact the surgery 4 working days afterwards to obtain information and an appointment if required.

We will then:

- Plan a vaccination programme
- Advise on any anti-malarial tablets needed
- Advise you of any charges to be made

You will need to pay for any vaccine not provided by the NHS, malaria tablets and any other travel medicines required are supplied on a private prescription. Full details of charges are attached to this form and are also on our website.

General Travel Advice & Useful Links;

<http://www.nhs.uk/Livewell/TravelHealth/Pages/Travelhealthhome.aspx>

<http://www.fitfortravel.nhs.uk>

<http://travelhealthpro.org.uk/>

<https://www.gov.uk/browse/abroad>

My Health Charges for Travel Services
(Administration fee included in vaccine cost)

VACCINATIONS	CHARGE (£)
Typhoid Vaccine	0.00 (NHS)
Tetanus / Diphtheria / Polio Vaccines	0.00 (NHS)
Hepatitis A Vaccine	0.00 (NHS)
Hepatitis B Vaccine (3 doses)	120.00 (£40 per dose)
Rabies Vaccine (3 doses)	183.00 (£61 per dose)
Men ACWY Menveo Vaccine	70.00
Tick-borne Encephalitis (3 doses)	195.00 (£65 per dose)
Japanese Encephalitis (IXIARO) (2 doses)	200.00 (£100 per dose)
MMR for travel	20.00
Yellow Fever Exemption Letter	10.00 (including VAT)
ANTIMALARIAL MEDICATION	CHARGE (£)
Doxycycline 100 mg: 2 days before, 4 weeks after	1 per day - ask dispenser the cost Minimum charge of 8.50
Mefloquine: 1 week before, 4 weeks after	1 per week – ask dispenser the cost Minimum charge of 8.50
Malarone: 2 days before, 7 days after	1 per day – ask dispenser the cost Minimum charge of 8.50
<i>PROQUANIL & CHLOROQUINE are only available from chemist</i>	
<i>Private Travel Prescription to take to Chemist – this charge will be made if you take the rx away from the practice following advice from clinician. If we dispense it for you the charge is included with the drug cost:</i>	8.50
<i>Other Private Prescription/Injections, etc:</i>	Drug cost + VAT (20%) + 50% of total = cost
Yellow Fever Centres Haxby & Wigginton: 01904 724600 Elvington Medical Practice: 01904 608224 MASTA Travel Clinic: 0330 100 4325	
Private Travel Clinic: MASTA – If appointment request cannot be accommodated by My Health within the time frame, a private travel clinic is available at: MASTA Travel Clinic, Priory Medical Centre, Cornlands Road, York, YO24 3WX – 0330 100 4325	

**TRAVEL QUESTIONNAIRE (Private & Confidential)
GOING ABROAD ON HOLIDAY OR BUSINESS**

To help us advise you on the protection you need, please complete this form at least **eight weeks** before you travel.

Please contact the surgery after **four working days** to obtain information and an appointment, if required.

Today's date:

Name:

Date of Birth:

Address:

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There may be a charge for some vaccines and malaria tablets. Please refer to separate sheet.

Date of travel:

Please list the countries to be visited in the table below, with dates, including stopovers:

The protection you need maybe influenced by the nature of your travel. Please tick relevant boxes A to F in the table below.

- A** Rural or uncertain accommodation
- B** Average tourist accommodation
- C** Includes organised rural excursion
- D** Visit for business or work purposes
- E** Visiting friends or family
- F** Are you likely to visit this area three or more times in one year

Country – include area if known	Date of arrival	Date of Leaving	A	B	C	D	E	F

Details of any previous immunisations and dates, if known:

Tetanus:		Hep A:		Meningitis:	
Polio:		Hep B:		Rabies:	
Diphtheria:		Typhoid:		Jap Encephalitis:	
Yellow Fever:		T.B:		Tick Encephalitis:	

Please list any current medications:

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Please state any known allergies:

Are you pregnant or planning a pregnancy in the next three months?

Practice Use Only

<u>Immunisation</u>	Up to date	Recommended	Recommended in some circumstances
Diphtheria/tetanus/polio.			
Hepatitis A			
Hepatitis B			
Typhoid			
Rabies			
Japanese Encephalitis			
Tick Encephalitis			
Men ACWY			
Tuberculosis			
Yellow Fever			Not available from surgery please contact travel clinic.

No Malaria risk	Take measures to avoid bites.	Malaria tablets should be purchased from the chemist.		A prescription for malaria tablets is required.
		Chloroquine	Chloroquine and Proguanil	Mefloquine, Doxycycline or Malarone.

Advice to patients.

- No specific immunisations required but please refer to NHS Choices for general advice
<http://www.nhs.uk/Livewell/TravelHealth/Pages/Travelhealthhome.aspx> .
- All necessary immunisations are up to date. Please refer to NHS Choices for general advice
<http://www.nhs.uk/Livewell/TravelHealth/Pages/Travelhealthhome.aspx>
- Immunisations/Malaria tablets/Advice required.
Please make an appointment to see Practice Nurse 10 mins
20 mins
Please make a telephone appointment with the Practice Nurse
- We recommend that for this itinerary you attend a Travel Clinic for specialist advice.
- Other

Signed

Date